# GOVERNMENT OF INDIA
# HEALTH AND FAMILY WELFARE
# LOK SABHA

UNSTARRED QUESTION NO:244
ANSWERED ON:03.02.2017
Obesity
Kataria Shri Rattan Lal

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether obesity is a growing concern worldwide and also linked with other lifestyle diseases;

(b) if so, the details thereof;

(c) whether the Government has taken any corrective measures to curb this menace in the country;

(d) if so, the details thereof; and

(e) if not, the reasons therefor?

## Answer

ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(FAGGAN SINGH KULASTE)
(a) to (e): Obesity is one of the risk factors for Non-Communicable Diseases (NCDs) such as Diabetes, Cardiovascular Diseases (CVD) inter alia. Growing mortality and morbidity due to NCDs and the risk factors of NCDs are cause of concern worldwide.

While Health is a State Subject, the Government of India is implementing National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) for interventions up to District level under the National Health Mission. It has focus on awareness generation for behaviour and life-style changes, screening and early diagnosis of persons with high level of risk factors and their treatment and referral (if required) to higher facilities for appropriate management for Non- communicable Diseases. Under NPCDCS, diagnosis and treatment facilities for major NCDs are provided through different levels of healthcare by setting up of NCD Clinics and Cardiac Care Units (CCUs) in District Hospitals and Community Health Centres (CHCs).

Obesity is one of the biological risk factors for the lifestyle diseases such as diabetes, CVDs, inter alia, the health promotion activities focuses on creating awareness regarding prevention of obesity by enhancing physical activity and healthy diet apart from other measures in this regard.

India is the first country globally to adopt the NCD Global Monitoring Framework and Action Plan to its National Context. The framework elements include halting the rise in obesity and diabetes prevalence.

The Government of India has also launched Rashtriya Kishor Swasthya Karyakram (RKSK), for adolescents in the age group of 10-19 years, which also targets their nutrition including Body Mass Index (BMI) Screening, reproductive health and substance abuse among other issues.
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